

Cessation Support.

Program	Location	Contact Information
American Lung Association's Freedom from Smoking	Phoenixville, PA	610-983-1288
	Abington, PA	215-481-8950
	Drexel Hill, PA	610-447-6009
	East Norriton, PA	610-270-8390
	Pottstown, PA	610-327-7594
	Online	1-800-586-4872 http://www.ffsonline.org/
Comprehensive Smoking Treatment Program at Penn	Philadelphia, PA	1 (888) PENN-STOP
Health Federation of Philadelphia	Philadelphia, PA Health Center-based classes	215-246-5584
Committed Quitters by GlaxoSmithKline	Available Online	1-800-770-0708 www.committedquitters.com
Jefferson Tobacco Intervention Program	Philadelphia, PA	215-955-5161
Mercer County Tobacco Dependence Program	Four locations in Mercer County, NJ	609-396-7707
National Cancer Institute	Telephone and Internet	877-44U-QUIT
Nicotine Anonymous	Call for nearest location	1-877-TRY-NICA
NJ QuitCenter	Somers Point, NJ	609-653-3440
Pennsylvania Free Quitline	Telephonic Sessions	1-800-QUIT-NOW
Smoke Free	Bryn Mawr, PA	610-648-1270
	Media, PA	610-891-3635
		www.mainlinehealth.org
Smokenders	Call for nearest location	1-800-828-4357
SmokeStoppers	Telephone and Internet	1-866-784-8472
Stay Quit, Get Fit	Philadelphia, PA	267-765-2319
Stop Smoking Now!	West Chester, PA	610-738-2300 www.cchosp.com
Stop Smoking Programs for Women	Philadelphia, PA	215-255-7889
Temple Smoking Cessation Program	Philadelphia, PA	215-707-5124
	Oaks, PA	215-707-5124
		pulmonary.templehealth.org
Tobacco Dependence Clinic	Glassboro, NJ	856-863-2175
Tobacco Dependence Treatment Program	Toms River, NJ	732-914-1688
	Long Branch, NJ	732-914-1688
	Newark, NJ; Livingston, NJ	973-926-7978
		www.instituteforprevention.com
Tobacco Quitcenter	Somerville, NJ	908-685-2442

If you have health insurance through Medicaid, you may get nicotine patches, gum or lozenges and other medications, for free or little cost.
If you have private insurance, your company may cover the cost of medications; call your insurance company for more information.