

What Can I do with a major in **Occupational Therapy?**

Occupational therapists help people of all ages regain, develop, or master everyday skills in order to live independent, productive, and satisfying lives.

Occupational therapists assess clients with physical and mental challenges in order to develop activities of daily living (ADL) that work best for those clients. For a client with a physical disability, the first focus is on performing critical daily routines, such as dressing, grooming, bathing, and eating. Once these skills are mastered, a program is then built around the skills needed to perform tasks such as participating in education, caring for a home and family, or seeking and maintaining employment.

For a client with mental illness, the goals are also based on the ability to function independently. In treating mental or emotional challenges, the occupational therapy program focuses on areas such as managing time, working productively with others, and enjoying leisure.

A Sample of Related Career Opportunities:

Occupational Therapist	Occupational Therapy Assistant	Rehabilitation Assistant
Technical Instructor	Physical Rehabilitation	Mental Health Services
Learning Disability	Primary Care	Pediatrics
Care Management	Equipment for Daily Living	Research Posts
Environmental Adaptation		

Types of Employers:

Private and Non-profit Organizations

Community Centers	Private Practice
Hospitals	Clients Homes
Prisons	Residential and Nursing homes
Schools	Charities and Voluntary agencies
Schools	Social Services and Council Departments
Charities and Voluntary agencies	
Industrial and Commercial Organizations	

Government Agencies

National Institutes of Health	Public Health Service
Occupational Safety and Health Administration	
Department of Health and Human Services	

Links for Occupational Therapy Majors

Absolutely Healthcare: <http://www.healthjobsusa.com/jobsearch/>
Advance - Healthcare Careers: <http://health-care-jobs.advanceweb.com/>
Occupational Outlook Handbook: <http://www.bls.gov/oco/>
American Occupational Therapy Association: <http://www.otjoblink.org/>
Occupational Therapist.com: <http://www.occupationaltherapist.com/>
MonsterTRAK: <http://www.monstertrak.com>
VA Careers: <http://www.vacareers.com/>
MonsterTRAK: <http://www.monstertrak.com>